COURSE OUTLINE		
TERM: Fall 2020	**COURSE NO:** MT 460	
INSTRUCTORS:	**COURSE TITLE**: Music Therapy III	
OFFICE: **LOCAL:** **E-MAIL:**	**SECTION NO(S):**	**CREDITS:** 3.0
OFFICE HOURS:		
COURSE WEBSITE:		

Capilano University acknowledges with respect the Lil'wat, Musqueam, Squamish, Sechelt, and Tsleil-Waututh people on whose territories our campuses are located.

COURSE FORMAT
Three and a half hours of class time, plus an additional half hour delivered through on-line or other activities for a 15-week semester, which includes two weeks for final exams.

COURSE PREREQUISITES
MT 361

CALENDAR DESCRIPTION
This course begins with assessment forms for music therapy settings with an emphasis on mental health. This is followed by fundamentals in the use of music therapy methods such as Analytical Music Therapy, resource-oriented music therapy, and trauma-informed practice with both higher functioning and acute care psychiatric populations to develop a deeper understanding and application of process-oriented music therapy methods in trauma and mental health work. Students develop repertoire pertinent to mental health settings, continue to identify personal resources and values in order to develop their own styles of working, actively participating in class activities to examine their impact. The practice of MusicMedicine is introduced, including identification of psychosocial and physical needs found in medical settings. Music therapy research and protocols are examined.

COURSE NOTE
MT 460 is an approved Self and Society course for the Cap Core requirements.

REQUIRED TEXTS AND/OR RESOURCES
No required texts

Required Readings:
Jensen, B. (2004). *The principle of polarisation used in working with schizophrenic patients*. Paper presented at the Many Faces of Music Therapy: Proceedings of the 6th European Music Therapy Congress, Jyväskylä, Finland.

Hohmann, L., Bradt, J., Stegemann, T., & Koelsch, S. (2017). Effects of music therapy and music-based interventions in the treatment of substance use disorders: A systematic review. *PLoS ONE, November 15*, 1-36.

Silverman, M. (2010). The effect of a lyric analysis intervention on withdrawal symptoms and locus of control in patients on a detoxification unit: A randomized effectiveness study. *The Arts in Psychotherapy, 37*, 197-201.

Samples of Assessments in Music Therapy (see course website)
Selected readings from the Music Medicine Bibliography

COURSE STUDENT LEARNING OUTCOMES
On successful completion of this course, students will be able to do the following:
1. Integrate observation and assessment skills;
2. Develop music therapy applications pertinent to issues of abuse and trauma and working from a trauma-informed practice perspective;
3. Demonstrate the fundamentals involved in applying the AMT model and variations with clients in mental health settings;
4. Establish effective verbal processing techniques for psychotherapeutic contexts with adult populations; evaluate group or individual process and outcome;
5. Demonstrate ways of structuring and facilitating the therapeutic process;
6. Examine intersections of personal responses to therapeutic encounters by articulating a depth understanding of transference, countertransference, boundaries, and self-disclosure;
7. Demonstrate and articulate music therapy techniques for common mental health issues and for psychiatric populations (part I) and for medical patients (part II);
8. Articulate elements of the music therapy literature as it relates to mental health and MusicMedicine;
9. Continue to identify personal resources and values in order to develop their own styles of working;
10. Identify current trends in health care;
11. Identify common experiences of clients, families and staff in medical contexts; and
12. Develop musical resources, sensitivity, passion, and presence in the context of the therapeutic medical relationship.

Students who complete this Self and Society course will be able to do the following:
1. Synthesize a range of differing community perspectives on ethics and justice and explain how these perspectives can inform structural change.
2. Explain how contexts (e.g. cultural, historical, colonial, economic, technological) shape identity formation and social structures.
3. Assess and evaluate individual and collective responsibilities within a diverse and interconnected global society.
4. Identify potential root causes of local/global problems and how they affect local/global cultures, economies, politics, and policies.

COURSE CONTENT

Week	Topic	Assignment
1	No Class (campus orientation)	
2	Fundamentals of MT in mental health; assessment in music therapy; transference, countertransference	
3	Trauma; grounding and relaxation	
4	Analytical Music Therapy (Priestley) using scripts	
5	Analytical Music Therapy techniques (continued)	Insight paper due
6	MT approaches in mental health settings	
7	Mental health and addictions with guest speaker	Assessment form due
8	Depression, suicidal ideation, eating disorders, social competence, safety; Review	
9	**Midterm Exam** Introduction to Medical perspectives of music therapy	Midterm exam
10	Current trends in medical and holistic health care	
11	Music therapy in surgery, Intensive Care, and Rehabilitation	
12	Music therapy in perinatal, HIV/AIDS and cancer care	
13	Music therapy in end-of-life care; Life Review	Life Review due at noon
14-15	Final exam period	

EVALUATION PROFILE

Assessment Form	25%
Insight paper on transference and countertransference	20%
Midterm Exam	20%
Life Review Project	17%
Final Exam	18%
TOTAL	**100%**

ASSIGNMENTS: **See eLearn for complete requirements/rubrics**

1. **Insight Paper.** Drawing upon class materials and your own research and readings, define transference and countertransference as it applies to music therapy, and how transference can be handled through musical instruments or other musical methods. No extensions.

2. **Assessment Form.** Using the "Samples of Assessments in Music Therapy" on eLearn, other assessment publications and relevant resources, create an assessment form for your MT490 practicum's predominant diagnosis/areas of need.

3. Midterm Exam.   Based on all material covered to date: 20%. BR129.

4. Life Review Project.   Creation of a playlist to represent (5) life phases, with written identification of experience of the project and of potential clinical implications**.**

GRADING PROFILE

A+ = 90-100	B+ = 77-79	C+ = 67-69	D = 50-59
A = 85-89	B = 73-76	C = 63-66	F = 0-49
A- = 80-84	B- = 70-72	C- = 60-62	

Incomplete Grades
Grades of Incomplete "I" are assigned only in exceptional circumstances when a student requests extra time to complete their coursework. Such agreements are made only at the request of the student, who is responsible to determine from the instructor the outstanding requirements of the course.

Late Assignments
Marks will be deducted for the late submission of assignments. The penalty for the late submission of an assignment is .5 of a mark per day. After one week, late assignments will not be accepted.

Missed Exams/Quizzes/Labs etc.
Students will be allowed to make-up exams and quizzes only under the following conditions: if a doctor's certificate of illness is provided; if, in the case of the death of a close family member, a death certificate is provided; if prior approval of the instructor has been obtained.

Attendance
Attendance is essential. Students missing more than two classes can expect a faculty review and may receive no credit.

English Usage
English usage must be clear and grammatically correct.

Electronic Devices
Students may use electronic devices during class for note-taking only.

On-line Communication
Outside of the classroom, instructors will (if necessary) communicate with students using their preferred email address. Official communication between Capilano University and students is delivered to students' Capilano University email addresses only.

UNIVERSITY OPERATIONAL DETAILS

Tools for Success
Many services are available to support student success for Capilano University students. A central navigation point for all services can be found at: https://www.capilanou.ca/student-life/

Capilano University Security: download the CapU Mobile Safety App

Policy Statement (S2009-06)
Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Academic Integrity, Academic Probation and other educational issues. These and other policies are available on the University website.

Academic Integrity (S2017-05)
Any instance of academic dishonesty or breach of the standards of academic integrity is serious and students will be held accountable for their actions, whether acting alone or in a group. See policy and procedures S2017-05 Academic Integrity for more information: https://www.capilanou.ca/about-capu/governance/policies/

Violations of academic integrity, including dishonesty in assignments, examinations, or other academic performances, are prohibited and will be handled in accordance with the Student Academic Integrity Procedures.

Academic dishonesty is any act that breaches one or more of the principles of academic integrity. Acts of academic dishonesty may include but are not limited to the following types:

Cheating: Using or providing unauthorized aids, assistance or materials while preparing or completing assessments, or when completing practical work (in clinical, practicum, or lab settings), including but not limited to the following:
- Copying or attempting to copy the work of another during an assessment;
- Communicating work to another student during an examination;
- Using unauthorized aids, notes, or electronic devices or means during an examination;
- Unauthorized possession of an assessment or answer key; and/or,
- Submitting of a substantially similar assessment by two or more students, except in the case where such submission is specifically authorized by the instructor.

Fraud: Creation or use of falsified documents.

Misuse or misrepresentation of sources: Presenting source material in such a way as to distort its original purpose or implication(s); misattributing words, ideas, etc. to someone other than the original source; misrepresenting or manipulating research findings or data; and/or suppressing aspects of findings or data in order to present conclusions in a light other than the research, taken as a whole, would support.

Plagiarism: Presenting or submitting, as one's own work, the research, words, ideas, artistic imagery, arguments, calculations, illustrations, or diagrams of another person or persons without explicit or accurate citation or credit.

Self-Plagiarism: Submitting one's own work for credit in more than one course without the permission of the instructors, or re-submitting work, in whole or in part, for which credit has already been granted without permission of the instructors.

Prohibited Conduct: The following are examples of other conduct specifically prohibited:
- Taking unauthorized possession of the work of another student (for example, intercepting and removing such work from a photocopier or printer, or collecting the graded work of another student from a stack of papers);
- Falsifying one's own and/or other students' attendance in a course;
- Impersonating or allowing the impersonation of an individual;
- Modifying a graded assessment then submitting it for re-grading; or,
- Assisting or attempting to assist another person to commit any breach of academic integrity.

Sexual Violence and Misconduct

All Members of the University Community have the right to work, teach and study in an environment that is free from all forms of sexual violence and misconduct. Policy B401 defines sexual assault as follows:

> Sexual assault is any form of sexual contact that occurs without ongoing and freely given consent, including the threat of sexual contact without consent. Sexual assault can be committed by a stranger, someone known to the survivor or an intimate partner.

Safety and security at the University are a priority and any form of sexual violence and misconduct will not be tolerated or condoned. The University expects all Students and Members of the University Community to abide by all laws and University policies, including B.401 Sexual Violence and Misconduct Policy and B.401.1 Sexual Violence and Misconduct Procedure (found on Policy page https://www.capilanou.ca/about-capu/governance/policies/)

Emergencies: Students are expected to familiarise themselves with the emergency policies where appropriate and the emergency procedures posted on the wall of the classroom.

PROGRAM OPERATIONAL DETAILS

Continuance in the Music Therapy program is contingent upon a successful level of completion in academic, clinical and personal areas, as jointly assessed by faculty each term. Consult the Coordinator or the Student Handbook for more information.