

COURSE OUTLINE			
TERM: Spring 2021	COURSE NO: MT 461		
INSTRUCTOR:	COURSE TITLE: Music Therapy IV		
OFFICE: LOCAL: E-MAIL:	SECTION NO(S):	CREDITS: 3.0	
OFFICE HOURS:			
COURSE WEBSITE:			

Capilano University acknowledges with respect the Lil'wat, Musqueam, Squamish, Sechelt, and Tsleil-Waututh people on whose territories our campuses are located.

#### **COURSE FORMAT**

Three hours of class time, plus an additional hour delivered through on-line or other activities for a 15-week semester, which includes two weeks for final exams.

## **COURSE PREREQUISITES**

MT 460

### **CALENDAR DESCIPTION**

The first part of this course covers a broad range of professional development topics that prepare students for the pre-professional practicum, including resumes, cover letters, interviewing, proposals, in-services, self-employment and entrepreneurialism, professional identity, marketing and ethics. The second part of the course covers advanced verbal counselling techniques, including grief and loss, helping clients change behaviours, safe and effective use of self, boundaries, effective use of transference and countertransference, and crisis management. Music Therapy and verbal counselling are bridged in this course in a way that deepens the student's therapist identity.

# **REQUIRED TEXTS AND/OR RESOURCES**

None.

### **Required Readings**

Brammer, L.M., & MacDonald, G. (2003). The helping relationships: Process and skills (8<sup>th</sup> ed.). Toronto: Allyn and Bacon. Chapter 4: Helping skills for understanding.

Corey, G., Corey, M.S., Callanan, P. (1998). Issues and ethics in the helping professions.

Toronto: Brooks/Cole. Chapter 5: Confidentiality: Ethical and legal issues.

Dileo, C. (2000). Ethical thinking in music therapy. Cherry Hill, NJ: Jeffrey Books. Chapter 3: The music therapist as a professional and person.

Gladding, S., & Alderson, K. (2012). Counselling: A comprehensive profession (Canadian ed.). Toronto: Pearson Canada. Chapter 5: Counselling with diverse populations.

McGuire, M.G., & Smeltekop, R.A. (1994). The termination process in music therapy: Part 1 theory and clinical implications. *Music Therapy Perspectives*, 12, 20-27.

Taylor, K. (1995). The ethics of caring: Honoring the web of life in our professional healing relationships. Santa Cruz, CA: Handford Mead. Chapter 12: Vulnerabilities to unethical behaviour.

And a variety of instructor written articles on the course website.

#### COURSE STUDENT LEARNING OUTCOMES

# On successful completion of this course, students will be able to do the following:

- 1. Develop an array of resources for creating, obtaining and maintaining music therapy employment;
- 2. Articulate issues specific to the self-employed Music Therapist, and of a Music Therapist working within a unionized, institutional setting;
- 3. Critically analyze ethical situations and dilemmas;
- 4. Apply advanced verbal counselling abilities; and
- 5. Synthesize counselling skills and the effective use of self in a simulated session experience.

### **COURSE CONTENT**

Week	Topic	Readings	Dues Dates
1	Course Overview		Consent Assignment
	Clarity in Music Therapy		
	Music Therapy Associations	Describing Music Therapy	
	Informed Consent	resource	
2	Obtaining Consent		
	Resumes and Cover Letters	Resume resource	
3	Intro to Advanced Counselling	Brammer & McDonald: Ch 4	Resume Assignment
	Being interviewed	Being Interviewed resource	
4	Continuing Education		
	Internship and Accreditation		
	Counselling: Transference		
5	Counselling: Boundaries	Inservices resource	Counselling #1
	Inservices		
	Self-Employment I		
6	Counselling: Talkative clients	CAMT Code of Ethics	Counselling #2
	Ethics I	Ethical Dilemma resource	Self-employment
	Professional Identity	Delio Ch.3	presentations
	Self-Employment II	Self-Employment resource	
7	Ethics II	Gladding & Anderson: Ch 5	Counselling #3
	Counselling: Diverse Populations		
	Counselling: Closure		
	Internship Panel		
	Finance and Accounting		

8	Ethics III	Taylor, Ch. 12	Counselling #4
	Contracts	Contracts resource	
	Marketing	Marketing resource	
	Counselling: Crisis and loss		
9	Burnout Issues and Self Care	Creating and Obtaining	Counselling #5
	Ethics IV	Employment resource	
	Creating Work	McGuire & Smeltekop article	
	Counselling: Deeper inquiry		
10	Unions in BC	Labour resource	Self-employment
	Board Certification Overview	Corey, Ch. 5	reflection
			assignment
11	Budget Planning		
	Proposals	Proposal resource	
12	Future Resources	Learning to Present	
	Launching Your Life's Work	Effectively resource	
13	Course Review		
14-15	Final Exam period		

### **EVALUATION PROFILE**

Counselling Assignments (4 @ 10% each, 1 @ 15%)	. 55%
Self-employment Assignments (2 @ 10%)	20%
Resume and Cover Letter Assignment	10%
Consent Form Assignment	10%
Professionalism	. <u>5%</u>
ΤΟΤΑΙ	. 100%

### **ASSIGNMENTS**

There are four assignments that will prepare the student for the pre-professional practicum and the workplace (resume, consent form, reflection assignment and the ethical dilemma assignment). There are five assignments related to the verbal counselling experiences (five weekly individual verbal counselling sessions with another student). Information on each of these assignments can be found on the course web site.

# **Professionalism**

The professionalism mark will reflect consistent attendance, punctuality and involvement during lecture, class discussions and the rest of the class. Punctuality includes returning from breaks on time. Involvement includes frequency and relevance of student's comments and questions, including attentiveness, demonstrating insight and inquiry into topic being discussed and an attitude that upholds professionalism. Preparing the readings will support a student's ability to participate and present a professional manner.

### **GRADING PROFILE**

A+ = 90-100	B+ = 77-79	C+ = 67-69	D = 50-59
A = 85-89	B = 73-76	C = 63-66	F = 0-49
A- = 80-84	B- = 70-72	C- = 60-62	

## **Incomplete Grades**

Grades of incomplete ("I") will be given only if there is an arrangement or a written request approved by the instructor prior to the last class in the course or the last week of class.

## **Late Assignments**

Marks will be deducted for the late submission of assignments. The penalty for the late submission of an assignment is .5 of a mark per day. After one week, late assignments will not be accepted.

# Missed Exams/Quizzes/Labs etc.

Not applicable.

### **Attendance**

Attendance is essential. Students missing more than two classes can expect a faculty review and may receive no credit.

### **English Usage**

English usage must be clear and grammatically correct.

#### **Electronic Devices**

Students may use electronic devices during class for note-taking only.

### **On-line Communication**

Outside of the classroom, instructors will (if necessary) communicate with students using either their official Capilano University email or eLearn; please check both regularly. Official communication between Capilano University and students is delivered to students' Capilano University email addresses only.

#### UNIVERSITY OPERATIONAL DETAILS

# **Tools for Success**

Many services are available to support student success for Capilano University students. A central navigation point for all services can be found at: <a href="https://www.capilanou.ca/student-life/">https://www.capilanou.ca/student-life/</a>

Capilano University Security: download the CapU Mobile Safety App

# Policy Statement (S2009-06)

Capilano University has policies on Academic Appeals (including appeal of final grade), Student Conduct, Academic Integrity, Academic Probation and other educational issues. These and other policies are available on the University website.

# Academic Integrity (S2017-05)

Any instance of academic dishonesty or breach of the standards of academic integrity is serious and students will be held accountable for their actions, whether acting alone or in a group. See policy and procedures S2017-05 Academic Integrity for more information: <a href="https://www.capilanou.ca/about-capu/governance/policies/">https://www.capilanou.ca/about-capu/governance/policies/</a>

Violations of academic integrity, including dishonesty in assignments, examinations, or other academic performances, are prohibited and will be handled in accordance with the Student Academic Integrity Procedures.

**Academic dishonesty** is any act that breaches one or more of the principles of academic integrity. Acts of academic dishonesty may include but are not limited to the following types:

**Cheating**: Using or providing unauthorized aids, assistance or materials while preparing or completing assessments, or when completing practical work (in clinical, practicum, or lab settings), including but not limited to the following:

- Copying or attempting to copy the work of another during an assessment;
- Communicating work to another student during an examination;
- Using unauthorized aids, notes, or electronic devices or means during an examination;
- Unauthorized possession of an assessment or answer key; and/or,
- Submitting of a substantially similar assessment by two or more students, except in the case where such submission is specifically authorized by the instructor.

Fraud: Creation or use of falsified documents.

**Misuse or misrepresentation of sources**: Presenting source material in such a way as to distort its original purpose or implication(s); misattributing words, ideas, etc. to someone other than the original source; misrepresenting or manipulating research findings or data; and/or suppressing aspects of findings or data in order to present conclusions in a light other than the research, taken as a whole, would support.

**Plagiarism**: Presenting or submitting, as one's own work, the research, words, ideas, artistic imagery, arguments, calculations, illustrations, or diagrams of another person or persons without explicit or accurate citation or credit.

**Self-Plagiarism**: Submitting one's own work for credit in more than one course without the permission of the instructors, or re-submitting work, in whole or in part, for which credit has already been granted without permission of the instructors.

**Prohibited Conduct**: The following are examples of other conduct specifically prohibited:

• Taking unauthorized possession of the work of another student (for example, intercepting and removing such work from a photocopier or printer, or collecting the graded work of another student from a stack of papers);

- Falsifying one's own and/or other students' attendance in a course;
- Impersonating or allowing the impersonation of an individual;
- Modifying a graded assessment then submitting it for re-grading; or,
- Assisting or attempting to assist another person to commit any breach of academic integrity.

### Sexual Violence and Misconduct

All Members of the University Community have the right to work, teach and study in an environment that is free from all forms of sexual violence and misconduct. Policy B401 defines sexual assault as follows:

Sexual assault is any form of sexual contact that occurs without ongoing and freely given consent, including the threat of sexual contact without consent. Sexual assault can be committed by a stranger, someone known to the survivor or an intimate partner.

Safety and security at the University are a priority and any form of sexual violence and misconduct will not be tolerated or condoned. The University expects all Students and Members of the University Community to abide by all laws and University policies, including B.401 Sexual Violence and Misconduct Policy and B.401.1 Sexual Violence and Misconduct Procedure (found on Policy page <a href="https://www.capilanou.ca/about-capu/governance/policies/">https://www.capilanou.ca/about-capu/governance/policies/</a>).

**Emergencies:** Students are expected to familiarise themselves with the emergency policies where appropriate and the emergency procedures posted on the wall of the classroom.

## **PROGRAM OPERATIONAL DETAILS**

### **Program Continuance**

Continuance in the Music Therapy program is contingent upon a successful level of completion in academic, clinical and personal areas, as jointly assessed by faculty each term. Consult the Coordinator or the Student Handbook for more information.