

CAPILANO UNIVERSITY COURSE OUTLINE		
TERM: Fall 2015	COURSE NO: PSYC 335	
INSTRUCTOR: TBA	COURSE NAME: FEELINGS & EMOTIONS	
OFFICE: LOCAL: E-MAIL:	SECTION NO(S):	CREDITS: 3

COURSE FORMAT:

Three hours of class time, with an additional hour delivered through on-line or other activities, for 15 weeks.

COURSE PREREQUISITES:

45 credits of 100-level or higher course work including PSYC 100.

COURSE DESCRIPTION:

This course will address research and theories in the topic of feelings and emotions. Students will learn about the experience, expression, physiological and social aspects of specific emotions, including stress reactions, attachment bonds, and the development of empathy. The theories will be applied to the problems of human social cognition and the effect emotional reactions can have on our thinking and relationships.

COURSE LEARNING OBJECTIVES:

Successful students will be able to:

- Demonstrate (in exams, written assignments and original research) a breadth and depth of knowledge of current research and theory in the topic of feelings and emotions, including recent developments in the field, assessed by exams and the assignments.
- Demonstrate research skills, critical thinking, and analytical and synthesis skills in evaluating research and theories within the field. These are assessed in exams and the essay assignment.
- Communicate their research, analyses and applications in written formats in essay assignments and exams.
- Complete independent assignments (in exams, essay and 4th hour assignments).
- Demonstrate an ability to apply the course concepts to deepening their understanding of emotions in their life and work.

REQUIRED TEXTS:

Oatley, K, Keltner, D., & Jenkins, J. (2006). *Understanding emotions* (2nd ed.). Wiley-Blackwell.

Go to the course web site for the course syllabus & assignments, class outlines, resources, handouts, 4th hour activities and exam study questions. Access from <http://moodle.capilanou.ca>

COURSE CONTENT:

Week	Topics
1-2	Introduction: Definition of Emotions
2	Approaches to Understanding Emotions
3	Evolution of Emotions
4	Culture and Emotions
5	Communication of Emotions
6	Physiology of Emotions
7	Midterm
8	Cognitive Factors: Appraisal & Knowledge
9	Phenomenology of Emotions: Experience
10	Emotions & Social Relationships – Attachment & Empathy
11	Development of Emotions
12	Stress
13	Emotions & Mental Health: SWB & Psychotherapy
14 & 15	Exam Period

EVALUATION PROFILE:

4 th Hour activities	20%
Essay	20%
Midterm Exam	30%
Final Exam	<u>30%</u>
Total	100%

GRADING PROFILE:

A+ = 90 - 100%	B+ = 77 - 79%	C+ = 67 - 69%	D = 50 - 59%
A = 85 - 89	B = 73 - 76	C = 63 - 66	F = 0 - 49
A- = 80 - 84	B- = 70 - 72	C- = 60 - 62	

COURSE REQUIREMENTS:

Exams: The midterm and final exams will contain multiple choice, short answer, and short essay questions.

4th Hour Equivalent Activities :

A handout detailing the 4th hour equivalent activities will be handed out in the first class. On-line activities will take an hour a week to complete.

Essay: This assignment is an essay on emotions, in APA style. Further details will be handed out in class.

OPERATIONAL DETAILS:

Capilano University has policies on Academic Appeals (including appeal of final grades), Student Conduct, Cheating and Plagiarism, Academic Probation and other educational issues. These and other policies are available on the University website.

Attendance:

Students are responsible for all announcements made in class or on the course web site and for all material on the course outline. Although instructors may discuss only portions of a chapter in class, students are responsible for studying all of each chapter listed on the course outline.

Appropriate university level behaviour is expected (see the Capilano University Calendar), including professional and respectful classroom conduct. Turn off your cell phones and use your laptop only to take notes on class material.

Missed Exams:

Make-up exams are given only in exceptional circumstances and with prior notice to the instructor. A penalty of up to 20% will be levied on those make-up exams when granted. However, submissions for waiver of late penalties for exceptional circumstances may be presented, in writing, with the appropriate documentation, to the Psychology Department.

Late Assignments:

Due dates for papers and assignments will be announced and guidelines will be distributed in class.

All papers must be submitted directly to the instructor at the beginning of the class period or e-mailed by midnight that day. Late papers will be penalized according to the number of days delayed, up to 20% for one week. No papers will be accepted later than one week except under exceptional circumstances.

Cheating and Plagiarism:

The psychology department adheres to the definition of cheating and plagiarism found in the Study Policy Handbook which students are responsible for obtaining. Cheating and plagiarism will result in a grade of zero, either for the assignment or the entire course, and will be reported to the Dean.

Incomplete Grades:

Incomplete grades will be given only in exceptional circumstances, and require the approval of the Psychology Department rather than your instructor.

Confidentiality:

The psychology department adheres to professional standards of ethics and confidentiality. Personal information that you give to an instructor would not normally be shared with anyone outside the department without your authorization. However, there are a few exceptional circumstances in which an instructor may be required by law to disclose information about you, e.g. if there is an indication that a minor (under the age of 19) is being abused sexually or physically, or neglected; or, disclosure of information is made necessary for legal proceedings; and certain other circumstances about which you may inquire.

English Usage: Academic writing skills are required in all assignments. American Psychology Association (APA) writing guidelines, including the use of non-sexist language, must be followed.

All assignments must be original and must be used for this course only. Keep a copy of all work and hand in the original which must be typed.

Electronic Devices: Laptops are permitted in the classroom for note-taking purposes only. No personal electronic devices (cell phones, pagers, calculators, electronic dictionaries, etc.) may be used during an examination. During an exam, turn off all cell phones and pagers and put them away.

Emergency Procedures: Please read the emergency procedures posted on the wall of the classroom.